

ST. PAUL'S PRIMARY SCHOOL 230-240 SUNSHINE AVENUE KEALBA VICTORIA 3021 Phone: 03 9366 6033 Fax: 03 9367 5219 Email: principal@spkealba.catholic.edu.au

NEWSLETTER – FROM THE PRINCIPAL

Wednesday 19th September 2018

Dear Community,

As we come to the end of another term it is timely that we congratulate the children on their learning efforts & results, as well to say a huge 'Thank you" to the teachers & school staff, for their efforts in working with your children, in supporting them to be the best learners they can be.

St. Paul's is a happy place to be and when students and staff are happy then great things happen! We all have our learning & life challenges but when we know we have people around us supporting us to meet these challenges and deal with them, then it allows us to 'move forward' and continue to grow & learn.

May I also take this opportunity to say "Thank you" to you, our parents & guardians, for all your efforts in ensuring your children are at school each day, available to learn and supported at home as learners there. The 'job' of parent is not an easy one but its rewards far outweigh its challenges, as you work so very hard, with love & intent, to ensure your children grow & learn in a safe & happy environment.

May the coming holiday break be, once again, an opportunity to rest, refresh & renew, as we look to the final term of 2018. I hope you will be able to manage some quality family-time over the two week break and that you & your children spend it together doing lots of 'holiday stuff' – sleeping in, day trips away, catching up with extended family, staying up late, reading a good book, seeing a movie & enjoying some beautiful spring weather.

Have a safe & happy holiday everyone.

Denis J. Daly

Principal



HOLIDAY BUILDING PROGRAM

Over the holiday break we have an exciting building program commencing. Our hope is that this building project will support children in both their learning & their play. Look out for our new additions when you come back to school for Term 4.



YOUR CHILD AND TECHNOLOGY - SOME SUGGESTIONS

Staying relevant in your child's digital world

By Martine Oglethorpe

As technology continues to advance at breakneck speed and our lives become more deeply immersed in the digital world, the challenges faced by parents in this uncharted territory can often feel overwhelming.

As a parent, worrying comes naturally. We hear so much about the dangers of the digital age: the predators, the pornography, the paedophiles, the gaming obsessions, the screen addictions and the cyber bullying.

We hear so much about the pitfalls and dangers of the connected world, we often overlook the vast possibilities digital technology can offer. Through digital devices, we now have countless amazing ways to connect and collaborate, raise awareness, create, learn and share. For young minds, this is a tremendous opportunity, and making full use of these tools can give them a big lead in today's competitive world.

So how can we ensure that our kids can reap the very best of what technology has to offer, while at the same time protecting them from those negative elements?

Take an interest in current tech trends. Talk to your kids, make them feel secure enough to discuss difficult topics with you, and put yourself in the best position to remain relevant to your child's world. Be the one they come to should things go wrong. Be the one they come to share the positive experiences they have online.

Make time to talk

One of the best ways we can help kids make the most of these opportunities is to stay relevant. But how do we do that in a world that seems to move faster every day? How do we keep up when our kids already seem to know so much?

We start by taking the time to get to know the kind of world they are growing up in. We try to understand the challenges they face. Because even if it seems they know a lot, kids do face challenges, and they will make mistakes. As parents, we need to ensure that those mistakes are ones they can recover from, and learn from.

Be their guide

Kids may well have a lot of knowledge when it comes to all things digital. But they are not necessarily as wise as their parents. Generally speaking, parents have a much deeper understanding of the world, the intricacies of different interactions, relationships and the complexities of human behaviour than kids do. Our kids are interacting and connecting with others in a world that is often beyond what they are developmentally and emotionally ready for. We need to help them cope with that.

Play and interact more

Sure, we all love the babysitting power of an iPad to ensure we can finish our coffee while it's hot, or get dinner cooked without any interruptions. But if we also take the time to play with our kids and their devices, and take an interest in their digital playground, we can get a whole new perspective about what they enjoy. We get the bonus of staying current with interactive technology, as well as time to bond with them and enjoy some family time together. We also put ourselves in a much better position to set relevant boundaries and help kids understand those boundaries.

Listen to others, and listen to your child

If your friend's child is playing a certain game, has a social media account or enjoys certain websites, then there is a good chance your child does too. Just as we would play at the park or hang out at the milk bar where our friends were when we were young, so too our kids will hang out where their mates are playing. So listen to those parents in the playground. Listen in to which popular apps and games are being talked about in the media. Listen to your child. Ask them what they like to do. Ask them about their concerns and their challenges. You may never keep up with every single app or site that your child visits, but if you have a good understanding of the ways kids are using technology and the sorts of things technology is capable of, then you are in a much better position to help them use it safely and smartly.

Be open and honest about what's out there

While there are times we get nostalgic about the good old days when screens and social media were not such an integral part of our lives, we can't afford to live in denial about the role technology is playing and will continue to play in the lives of our children. So rather than ignoring it completely or trying to avoid it, we need to be ready to have conversations that we may prefer not to have. We need to face the fact that the average age a child first sees pornography is about 11, and understand that this is a very real possibility for our children. So how do we prepare them for that? What conversations would we need to have if we suspect this has happened? Because we want to make sure that the education they are getting comes from us, and not from some random online source that we have no way of checking.

So seek out knowledge. Take an interest in current tech trends. Talk to your kids, make them feel secure enough to discuss difficult topics with you, and put yourself in the best position to remain relevant to your child's world. Be the one they come to should things go wrong. Be the one they come to share the positive experiences they have online.

Our role as parents is not to shut down the internet accounts and take away the screens, but rather to ensure we are giving them the skills, the support, the understanding and the critical thinking skills to make the very best decisions every time they go online.

Martine Oglethorpe

Martine Oglethorpe is an accredited speaker with the Office of the eSafety Commissioner and has presented to numerous parent groups, schools and teachers. She is a speaker, counsellor and educator.

THE PICNIC

Last Monday, we had an amazing picnic. I really loved the food. There was some fairy bread, popcorn, some jelly and ice-cream. Then we played soccer. I enjoyed the picnic and all the yummy food made me happy.

All the children I think had a wonderful day because they had smiles on their faces.

Mrs. Vetro let us have the picnic because we worked so hard.

If we work hard next term, Mrs. Vetro will give us another surprise.

Ghena (3TW)

Last Monday we had to prepare our food for our picnic. We had popcorn, jelly, ice-cream, fairy bread and small cupcakes.

We used the popcorn machine to make the popcorn but after a while it broke, we had to make the popcorn in the pan with oil.

Some people cracked the eggs, and some mixed the eggs in the bowl to make the cupcakes. When it was done we put the cupcakes in the oven.

Then we got a spoon to make jelly, we put the jelly in a bowl and then we mixed the jelly with a spoon. When we finished mixing the jelly we put it in the fridge.

Mrs. Vetro gave us some marshmallows and we also ate some popcorn.

The day was exciting because we ate lots of different food.

Christean (2FG)

On Monday we cooked food to prepare for our picnic. We cooked cupcakes, jelly, fairy bread and ice cream.

While we were making the cupcakes some children made a mess.

Tuesday was a beautiful day the birds were singing and the sun was shining. We sat in the middle of the oval to eat our food.

Klara (2FG)

On Monday, Mrs. Vetro and all the children went to do cooking for the picnic.

While we were making popcorn it suddenly popped out of the pan all the children laughed.

The next day everybody carried some food to the picnic spot. When we got there the wind took away our popcorn and the bowl it looked like snow on a mountain.

It was a crazy day, the cups flew around like birds in the sky.

After we had eaten we played some games then we had to help clean up with Mrs. Vetro. When we had finished claning we wnet back to our classrooms.

I enjoyed the two days with Mrs. Vetro and the other children.

Randee (6CO)

CIRCUS EXTRAVAGANZA

Tomorrow, September 20, at 7.00 pm, the children will share with family & friends, their amazing circus skills, during our inaugural 'Circus Extravaganza'! The extravaganza will be held in the Quin Auditorium, at Caroline Chisholm Catholic College, on the corner of Churchill Avenue & Darnley Street, in Braybrook. Directed parking (parking attendants) will be available in the college car park, off Darnley Street, or on-street parking is available in surrounding streets. **Children are expected at the auditorium no later than 6.30 pm.**



TERM 3 FINISHES THIS FRIDAY 21ST SEPTEMBER 2018 AT 1.50PM. ALL CHILDREN MUST BE PICKED UP AT THAT TIME.

CLASSES FOR TERM 4 RESUMES MONDAY, 8TH OCTOBER 2018 AT 8.50A.M.

PARENTS GROUP MATTERS

FOOTY FEVER PIZZA DAY & TEAM COLOURS PIZZA ORDERS

In celebration of the football finals and the end of Term 3, our Pizza Day will be held this *Friday* **21** September. Children may wear their favorite team colours or dress as their favourite athlete.



2018 IMPORTANT DATES

	TERM 3
SEPTEI	MBER
	THURS 20 - WHOLE SCHOOL CIRCUS PERFORMANCE – 7.00 PM, QUIN AUDITORIUM, CAROLINE CHISHOLM CATHOLIC COLLEGE, BRAYBROOK FRI 21 - END TERM 3 (1.50 PM DISMISSAL)
	TERM 4
остое	JER
•	MON 8 - TERM 4 COMMENCES
•	FRI 12 - DIVISIONAL GRAND FINALS
	MON TO FRI 15, 16, 17, 18 19 - SCHOOL REVIEW
	MON 22 - WED 24 - CEM/VRQA COMPLIANCE REVIEW
	WED 24 - WHOLE SCHOOL MASS 9.30AM
	WED 31 - YR 4 CAMP
NOVE	ЛВЕК
•	THURS, FRI 1, 2 - YR 4 CAMP
•	MON 5 - SCHOOL CLOSURE REPORT WRITING
٠	TUES 6 - MELBOURNE CUP PUBLIC HOLIDAY
•	WED, THURS, FRI 21, 22, 23 - YR 5 CAMP
٠	SAT 24 - STATE ELECTION
DECEN	IBER
•	FRI 7 - CHRISTMAS FUN DAY, CARNIVAL AND CAROLS
	THURS 13 - YR 6 GRADUATION 7PM
٠	FRI 14 - YR 6 FINAL DAY
٠	WED 19 - P - 5 STUDENTS FINAL DAY (1.50 PM DISMISSAL)

• THURS 20 - STAFF FINAL DAY

CALENDAR								
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	4	5	6	7	8	9	10	
	11	12	13	14	15	16	17	
	18	19	20	21	22	23	24	
	25	26	27	28	29	30	31	
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THANK YOU LORD

We thank you Lord, for this term. For the challenges, the successes, and the mistakes from which we have learnt. Be with us as we spend our time with family and friends. Give us strength and courage to do what is right: to be witnesses of our faith. Help us to be a practical Christian these holidays, to appreciate what others do for us, to give time and effort to help others. To be peacemakers in our family. Keep us safe in our activities; give us good rest and good fun. Bring



us back refreshed and ready for a new term. We thank you for our classmates, teachers, parents and a community that cares for us. May we always be conscious of you in our lives. Amen.



MASS TIMES

ST PAUL'S CHURCH		ST MA	ST MARY MACKILLOP CHURCH			
SUNSHINE AVENUE			ODESSA AVENUE			
KEALBA			KEILOR D	OWNS		
Monday	No Mass		Monday	9.30 am		
Tuesday	No Mass		Tuesday	9.30 am		
Wednesday	9.30 am		Wednesday	No Mass		
Thursday	9.30 am		Thursday	No Mass		
Friday	No Mass		Friday	9.30 am		
Saturday	5.00 pm (Latin)		Saturday	5.00 pm		
	6.30 pm					
Sunday	8.00 am (Maltese)		Sunday	9.00 am		
	10.00 am			11.00am		
				5.30pm		
RECONCILIATION:			RECONCILIATION:			
Saturday: 6.00 pm			Saturday 4.30 pm			



LUNCH ORDERS WITH FLEXISCHOOLS

A large number of families have now logged on to www.flexischools.com.au, created an account and are ordering lunches online. Cinzia Brancatisano, Canteen Manager, is happy to answer your questions regarding the account setup procedure and the new online ordering process. Snack items and drinks for the recess break (2nd break), need to be ordered online at the same time as the lunch order, as there are no counter / window sales during winter.

VOLUNTEERS NEEDED!!!!

I am asking for any parents, grandparents or guardians who have any free time to come and help and be part of a great volunteer team to provide lunch for our precious children. We desperately need volunteers on MONDAY, WEDNESDAY AND FRIDAY each week. If you are interested, please complete the section below and return it to the school, as soon as possible.

Please note that you must have a current 'Working With Children Check' registration to be able to assist in the canteen.

CANTEEN VOLUNTEER:

I			
Eldest Child	Grade	Teacher	
I am available to work on the follo	owing day(s)		
Contact No			





Keilor Little Athletics Centre

Little Athletics is a modified athletics program for children aged 5 to 15 years.

The Keilor LAC Program runs weekly from October through to mid March.

Competition is most Saturday's between 9am to 12pm. Training is held weekly on Tuesday nights at 6pm.

Athletes participate and compete weekly with their friends during the season, learning and competing in the many disciplines of athletics, such as running (sprinting, hurdles, endurance running), jumping (long jump, high jump, triple jump) and throwing (discuss, shot put, javelin).

Keilor Little Athletics is held at the Brimbank City Council, state of the art synthetic running track located in Keilor Park.



COME AND TRY 29TH SEPTEMBER / 6TH OCTOBER

LITTLE ATHLETICS...FOR... FAMILY... FUN... and... FITNESS

....the Foundation for all Sports



Find Us Here



Stadium Drive, Keilor Park, just 5 minutes off the Calder Freeway

Register your interest now at

www.keilorlac.org.au





STRONG FUTURES.

GENTLE HEARTS.

ENROLMENTS FOR YEAR 7 2020 ONWARDS ARE NOW BEING ACCEPTED.

Limited places available for Years 8 - 12 2019.

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Book your Open Morning tour of the school today! Call 9363 1711 or visit www.mariansw.catholic.edu.au for more information.

Bus services available to Melton, Rockbank, Bacchus Marsh, Derrimut & Taylors Hill.