



ST. PAUL'S PRIMARY SCHOOL
230-240 SUNSHINE AVENUE
KEALBA VICTORIA 3021
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Email: principal@spkealba.catholic.edu.au

eNEWS 2019 - Term 3 Edition 25

Thursday August 29 2019

Dear Community,

With Fathers' Day approaching this coming Sunday, September 1, I would like to share an article from Michael Grose's 'Parenting Ideas' website, which talks about the belief that children "learn what they live" – meaning they look to us and they copy us.

I hope all our Dads, Grandads, uncles & father figures in our kids' lives, have a very special day on Sunday.



Kids Learn What They Live

Ever opened up your mouth and heard your own parents speak?

I'd frequently speak to my kids when they'd been less than perfect and I could hear my father speaking. I'd use the same words, same tone of voice and same body language as my father. The similarity was a little spooky.

This happens because the ghosts from the past are very strong impacting not just our communication but our parenting as well. Kids copy their parents. Temperament, gender, genetic and birth order factors all play a part in shaping kids. They signify the differences between children's behaviour, attitudes and interests.

It's in children's similarities that the impact of parenting is seen.

Are all your kids tolerant, generous, kind and forgiving, perhaps some less than others? If so, there's a good chance that you possess those qualities or, at least, one parent displays those qualities.

Children learn what they live

When kids live with gratitude, encouragement and affection on a daily basis they are more likely to adopt those behaviours themselves. In fact, those types of behaviours become part of their values system.

They may shy away from these behaviours in adolescence yet most kids will return to their core values in their twenties and beyond. Most kids find their identity only after they've rejected it.

Similarly, when kids live with criticism, mean-spiritedness and intolerance they are more likely to display those attitudes. Teachers and schools can impact children's attitudes and behaviours but it can be hard to override the values that kids develop at home. Kids are more likely to reflect their parents' attitudes and behaviours than those of their teachers.

Do you like what you see?

Take a good look at your kids' attitudes, behaviours and values, particularly how they treat others. If you like what you see then give yourself a pat on the back because you've done a good job through both overt teaching and modelling of raising a person in your likeness.

If you're not happy with what you see – I'm not referring to the out-of-character, poor behaviour that kids at times display due to fatigue, a stage or some other unknown reason (kids will be kids) – but if you cringe when you see some of the attitudes and behaviours that your kids routinely show then some self-reflection may be the order of the day.

That's nothing necessarily to be ashamed of. Kids get front row seats to the very best and very worst of their parents' behaviours. We just need to make sure that our best is amplified and our worst is minimised or, at least, not witnessed by our kids.

It helps to sit down with your partner or a trusted friend and review the type of person that's on display for your kids every now and then. It will be a worthwhile exercise both personally and as a parent. As your kids are a reflection of you, start the reflection process by looking at the behaviours, attitudes and states of mind they have in common. If you're happy with what you see then you're okay. If not, then maybe it's time for some changes.

Happy Fathers' Day for Sunday, Dads!



Denis J. Daly

Principal

DOGS ON SCHOOL GROUNDS

Could I please ask your support in looking out for the safety our kids & their families, in leaving your dogs at home, when dropping your kids off in the morning or picking them up in the afternoon. Whilst your dog may be on a leash and you are certain that the dog has a gentle nature, you cannot predict what the dog will do, if it has 10-20 kids rushing at it to pat it. Thank you for your support on this everyone.



NATIONAL eSMART WEEK: 1-7 SEPTEMBER 2019

National eSmart Week is a week where schools and public libraries come together to promote the smart, safe and responsible use of digital technology. Last year saw a record 1000 organisations taking part, helping to creating awareness, solutions and ideas for community education on issues of cyber safety, bullying and wellbeing online, and offline.

National eSmart week will be held on 1-7 September, in line with National Child Protection Week. The theme is 'Keeping Communities Safe Online', helping create awareness, solutions and ideas for community education on issues of cyber safety, bullying and wellbeing. Since the first National eSmart Week in 2015 organisations around Australia have showcased their commitment to cyber safety through events, activities, education and more.

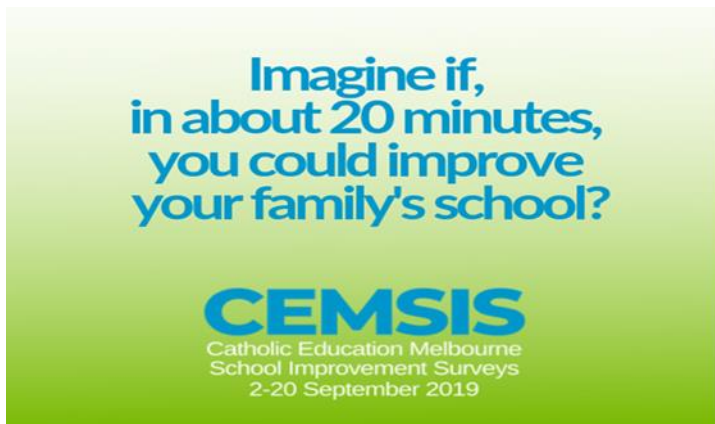
eSmart is an initiative of the Alannah & Madeline Foundation and currently in more than 2300 schools around Australia and 80 per cent of public libraries. It encompasses eSmart Schools, eSmart Libraries, the eSmart Digital Licence and Connect workshops.

eSmart uses a cultural change approach to improve cyber safety, increase digital literacy and reduce cyber bullying. eSmart is delivered to participants via a website portal in combination with face-to-face and online training sessions. Check out the website at www.esmart.org.au; it has resources an information for schools, parents & children.



CATHOLIC EDUCATION MELBOURNE SCHOOL IMPROVEMENT SURVEYS – CEMSIS

Melbourne Catholic school communities (staff, primary students in Years 4-6 & parents) will be asked to fill out our **annual school improvement survey**, between **Monday September 2 and Friday September 20**. The data collected from these surveys will support us in improving our school to be the best learning & teaching community we can be. The survey will be conducted online, with survey & survey access details coming home in the next two weeks. Please consider completing the survey and offering your thoughts & opinions on how we can best improve our school.



CEMSIS **Family** survey
opens for family input
this year from 2-20 September 2019.



2019 CALENDAR

TERM 3

AUGUST

FRI. 30: FATHERS DAY STALL OPEN - MORNING
FRI. 30: BOOK CHARACTER DRESS-UP DAY & PARADE

SEPTEMBER

- **SUN. 1: FATHERS DAY**
- **THURS. 5: PREP AND GRADE ONE MUSEUM EXCURSION**
- **THURS. 12: FOOTY FEVER PIZZA DAY**
- **WED. 18: WHOLE SCHOOL MASS 9.30 AM**
- **THURS. 19: WHOLE SCHOOL DANCE SPECTACULAR (CCCC, QUIN AUDITORIUM, BRAYBROOK)**
- **FRI. 20: SCHOOL FINISHES FOR TERM 3 – 1.50 PM**

CHILDREN'S PRAYER – LORD, OUR GOD

**in your wisdom and love
you surround us with the mysteries
of the universe. Send your spirit upon
these students and fill them with your
wisdom and blessings. Grant that they
may devote themselves to their studies
and draw ever closer to you, the source
of all knowledge. We ask this
through Christ our Lord.**



MASS TIMES

**ST PAUL'S CHURCH
SUNSHINE AVENUE**

KEALBA

Monday	No Mass
Tuesday	No Mass
Wednesday	9.30 am
Thursday	9.30 am
Friday	No Mass
Saturday	5.00 pm (Latin) 6.30 pm
Sunday	8.00 am (Maltese) 10.00 am

**ST MARY MACKILLOP CHURCH
ODESSA AVENUE**

KEILOR DOWNS

Monday	9.30 am
Tuesday	9.30 am
Wednesday	No Mass
Thursday	No Mass
Friday	9.30 am
Saturday	5.00 pm
Sunday	9.00 am 11.00am 5.30pm



RECONCILIATION: Saturday: 6.00 pm

RECONCILIATION: Saturday 4.30 pm

LUNCH ORDERS WITH FLEXISCHOOLS

A large number of families have now logged on to www.flexischools.com.au, created an account and are ordering lunches online. Cinzia Brancatisano, Canteen Manager, is happy to answer your questions regarding the account setup procedure and the new online ordering process. Snack items and drinks for the recess break (2nd break Terms 1 & 4), need to be ordered online at the same time as the lunch order, as there are no counter / window sales during winter.

VOLUNTEERS NEEDED!!!!

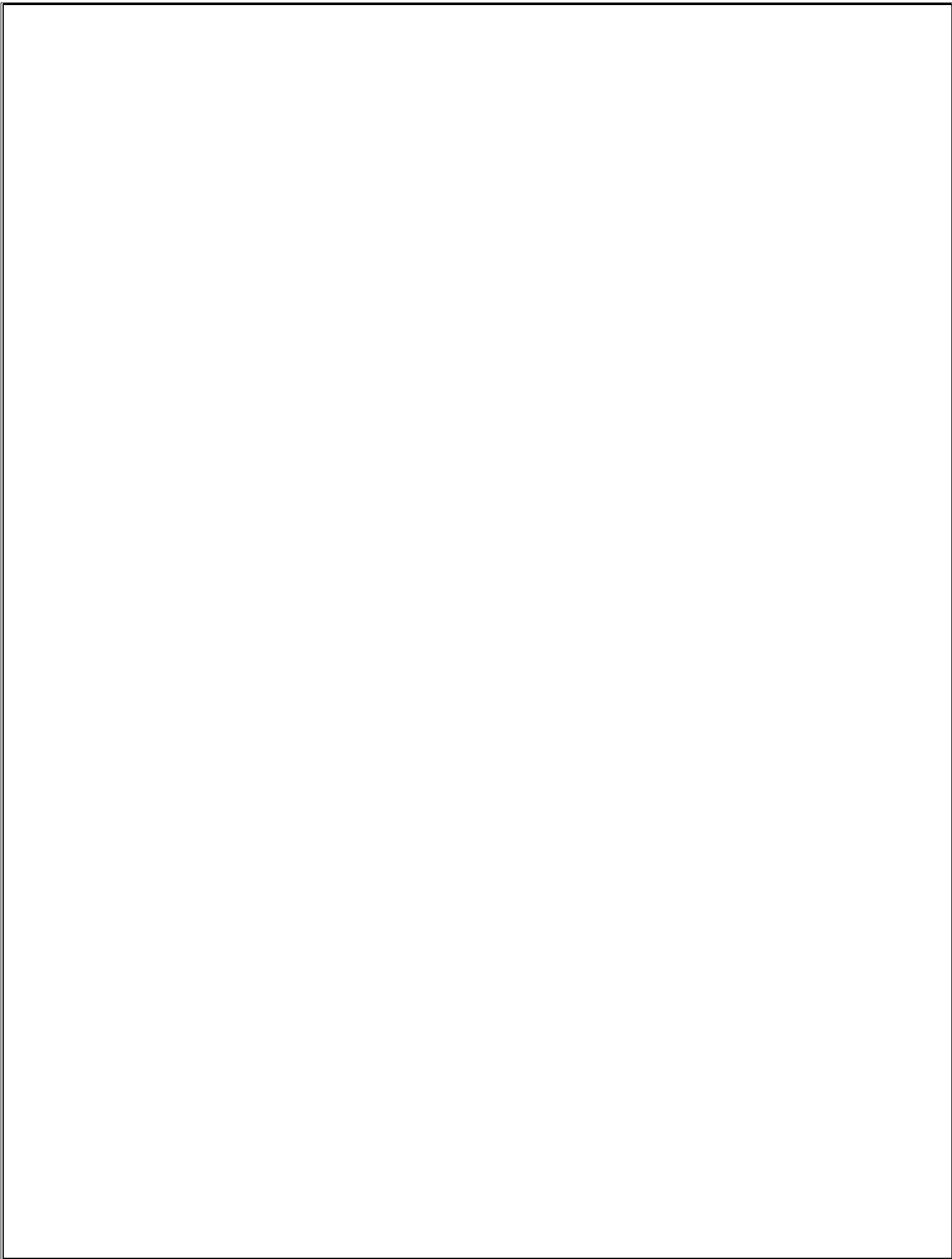
I am asking for any parents, grandparents or guardians who have any free time to come and help and be part of a great volunteer team to provide lunch for our precious children. We desperately need volunteers on MONDAY, WEDNESDAY AND FRIDAY each week. If you are interested, please complete the section below and return it to the school, as soon as possible.

Please note that you must have a current 'Working With Children Check' registration to be able to assist in the canteen.

Eldest Child..... Grade.....Teacher.....

I am available to work on the following day(s).....

Contact No.....



Learn To Swim

We teach all ages Babies - Adults

We are AUST SWIM Qualified Teachers

We Teach Babies from 3 months

- Teach nervous beginners,
- Teach stroke correction for intermediate beginners, safe entry
- Teach freestyle, backstroke, breast stroke, butterfly
- Teach, tumble turns, advance stroke correction, survival...
- Improve stamina and breathing for those who cant swim distances
- Improve technique and build stronger Swimmers

No Term of Prepayment

Book Now! Phone 9338 3092 or 0413 1800 46



PAY AS YOU GO
Are Your Children Safe in water



Conditions apply

First Lesson
Special introductory Offer
0413 1800 46

NO

Term or Pre Payment

SWIM LESSONS

Airport West Swimming Academy



Instrumental Music Lessons
On School Campus!



Small Group & Private Lessons

- Primary Music Institute offer instrumental music lessons right here on school campus!
- To find out all about the music lessons please visit PMI's website. You can check which instruments are available, get up to date program details and apply for lessons online
- Please **ENROL TODAY** via PMI's website
- Lessons are held once per week on school campus – with lessons typically during school hours
- Only \$16.95 per child per small group lesson (2-5 students for 30 minutes)
- Our small group lessons provide a fun and affordable opportunity to learn instrumental music
- Private lessons (1-on-1) and pair lessons (max 2 students) are also available
- Instrumental music can improve your child's school results – including for reading, maths, coordination, IQ, abstract reasoning, performance confidence... and is great fun!

P: 1300 362 824

E: admin@primarymusicinstitute.com.au

www.primarymusicinstitute.com.au



Catholic
Regional
College
St Albans

Enrolments for Year 7 2021

Dear Parents,

Recently Year 5 students from St Paul's Primary School visited Catholic Regional College St Albans. This was an opportunity for them to experience a secondary school in action and to see the College. It was a pleasure to watch the students engage in activities and for our students to catch up with staff and students from their primary school.

If you would like to enrol your child at our College, key dates are as follows:

Friday 23rd August 2019: Applications for Year 7 2021 close

Friday 25th October 2019: Offers of places posted to families

Friday 8th November 2019: Final date for acceptance of offers made

Applications for enrolment are available at your school office or on our College website: www.crcstalbens.catholic.edu.au

If you have any queries, please contact our Registrar Mrs Eileen Chalmers on 9366 2544 or email echalmers@crcstalbens.catholic.edu.au



MARY MACKILLOP
today

Fundraising Dinner & Auction

WHEN

Friday 30th August 2019

Commences 6.30pm with canapés
7.00pm soup

WHERE

**Mount St Joseph Girls' College
133 Maidstone St, Altona**

COST

\$40.00pp (3 course meal, BYO drinks)

TICKETS

Call MMHC (03) 9926 9300

RSVP Friday 23rd August 2019