



ST. PAUL'S PRIMARY SCHOOL
230-240 SUNSHINE AVENUE
KEALBA VICTORIA 3021
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Email: principal@spkealba.catholic.edu.au

eNEWS 2019 - Term 4 Edition 35

Thursday 28 November 2019

Dear Community,

Today I will travel down to the YMCA Camp (The Portsea Camp) in Portsea, to spend some time with our Year 4 students, who are excitedly involved in lots of team & individual challenge activities, led & facilitated by YMCA group leaders and our staff.

The St. Paul's 'School Camp Program', which involves all students in Years 4, 5 and 6, provides our Middle & Senior School students with a range of learning experiences, in beach, bush & urban settings.

The camp program encourages & supports the children in developing their independence and resilience, in each of the above settings, through a range of activities & experiences, which require them to think, to plan and to 'have a go'.

Being at the beach (Portsea), in the bush (Beaufort-Ballarat) and in the city, gives the children wonderful opportunities to develop their independence and resilience, as they engage in the activities associated with each camp experience. Managing & organizing their belongings, being challenged to have a go, as well as making decisions about just how much they think they can do, all support their growth and development, both mentally & physically.

Below is an article from Melbourne Child Psychology & School Psychology Services, written to support children and their families in developing a positive outlook about the school camp experience.



Feeling Positive About School Camp

by [Melbourne Child Psychology & School Psychology Services, Port Melbourne](#)

School camp is a fantastic opportunity for children to develop new skills, friendships and interests. However, for many kids (and their parents!) just the thought of sleeping away from home can provoke high anxiety.

Some of the common worries about camp include:

- *Not being able to sleep properly*
- *Not liking the food camp will offer*
- *Who they will be sharing a cabin with*
- *Not enjoying the activities camp will offer*
- *Feeling homesick*

Although these are understandable concerns, it is important to help kids feel more positive about camp and to overcome the fear of not enjoying camp.

The benefits of school camp are numerous, here are my top five:

1. Development of social skills

School camp is a great opportunity to develop a range of social skills. Most activities at camp involve team work, which is great to strengthen established friendships and also to develop new friendships by connecting with children they don't regularly talk with at school.

Through bonding activities, children develop supportive relationships not only with different children, but also with their teachers. At camp, children have the opportunity to learn about acceptance, caring and understanding.

2. Development of independence skills

For many children school camp is their first time away from family and home for a few nights. Parents are not there to remind their kids to eat their vegetables, brush their teeth, or to have a shower.

Therefore, this is a great opportunity for kids to grow up by learning how take care of themselves and to do things on their own. Most kids do rise to the challenge and learn to rely on themselves when they spend time away home.

3. Development of decision-making skills

Should I go with my friends or should I do the activity I really want to do? Should I have the third slice of pizza? Should I stay up or go to bed? Supervising teachers are not able to hover over each child all the time, so at camp, children are responsible for making more of their own choices.

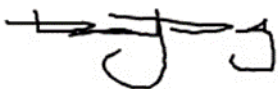
4. Increased environmental awareness

During camp, children are exposed to authentic nature-based experiences. Hands-on activities in the outdoors stimulate all senses and facilitate learning. Children become more aware of the environment, develop outdoor skills and an appreciation for nature.

5. Learning new skills

At school camp, children will be exposed to a range of activities that they may not have tried before. When away from their parents, children are often more adventurous and willing to try new things.

I hope reading through the above gives you all a better understanding of why schools have School Camp Programs, as well as the benefits for your children's growth & learning, by taking part in school camps throughout their primary and secondary school years.



Denis J. Daly

Principal

CHRISTMAS RAFFLE AND CHRISTMAS HAMPER DONATIONS

With the school year quickly coming to an end and with Christmas on everyone's mind, I would like to ask for your support with donations to our annual Christmas Raffle & Christmas Hampers.

Donations from our families & from friends of St. Paul's, have always allowed us to have a Christmas Raffle (including hampers) with well over 30 prizes; with the number of donations so far this year, we will be struggling to make up 10-15 prizes, at the most.

I am once again asking you, our parents, guardians & friends, to consider making a donation to the Christmas Raffle & Hampers, so that we can make it a substantial raffle, with plenty of prizes!

With this in mind, we are requesting donations for the Christmas raffle. We would appreciate donations in the form of either gifts or even cash contributions of any amount, which will then be put towards purchasing our major prizes. Some gift suggestions are: jewelry, wine, vouchers, pamper packs, electrical items, etc. Do you have any contacts who you think might be willing to contribute to a prize; these might be local businesses or perhaps your workplace?



We are hoping that our families and friends will be as generous as possible in contributing to our last major raffle for the year. If you have any queries please contact any member of the Parents Group either via the school office or email ParentsGroup@spkealba.catholic.edu.au

Thank you once again everyone, in anticipation of your generous support.

FOUNDATION (PREP) 2020 – TERM 4 ORIENTATION DATES

The Orientation Dates for our 2020 Foundation students are as follows:

- Monday December 2, 9.30 am – 11.00 am: Children only
- Monday December 9, 9.30 am – 11.00 am: Children only
- Monday December 16, 9.00 am – 1.00 pm: 'Step Up Day': Children only (with Year 1 – Year 5)

SCHOOL UNIFORM DONATIONS

If families have school uniform items they no longer need or use i.e. (children leaving St Paul's, no younger siblings to pass uniform onto) and they are in good condition, could you please drop off at the school front office. These will be used in the sick bay for children when they have been sick or have an accident.

2019 CALENDAR

TERM 4

NOVEMBER

- **WED. 27-FRI. 29: YEAR 4 CAMP**

DECEMBER

- **MON. 2: FOUNDATION 2020 ORIENTATION SESSION 2 (CHILDREN ONLY)**
- **MON. 2: 2020 FEE AGREEMENTS DUE TO BE RETURNED TO SCHOOL**
- **WED. 4: YEAR 6 'BIG DAY OUT'**
- **FRI. 6: CHRISTMAS CARNIVAL, CAROLS & NIGHT MARKET**
- **MON. 9: FOUNDATION 2020 ORIENTATION SESSION 3 (CHILDREN ONLY)**
- **WED. 11: PARENT HELPERS - MORNING TEA (11.00 AM)**
- **THURS. 12: END OF SCHOOL YEAR MASS & YEAR 6 GRADUATION (7.00 PM)**
- **FRI. 13: YEAR 6 FINISH**
- **MON. 16: WHOLE SCHOOL 'STEP UP DAY' – INCLUDING FOUNDATION 2020 STUDENTS**
- **WED. 18: FOUNDATION TO YEAR 5 FINISH**
- **THURS. 19: TERM 4 ENDS - OFFICE CLOSING & STAFF FINISH**

A CHILDREN'S PRAYER

Dearest Lord, I hope to be more observant of your grace.
May you look upon my soul and may my sins erase.

May I know of sacrifice and cherish all you bless
and act with courage to assist others who have less.

Prepare my soul for joy to come, and cleanse me of all sin.
I'll wear my faith and do my best to nurture it within

With a humble heart, I hope to be
your faithful servant for all to see.

AMEN



MASS TIMES

ST PAUL'S CHURCH SUNSHINE AVENUE KEALBA

Monday	No Mass
Tuesday	No Mass
Wednesday	9.30 am
Thursday	9.30 am
Friday	No Mass
Saturday	5.00 pm (Latin) 6.30 pm
Sunday	8.00 am (Maltese) 10.00 am

RECONCILIATION: Saturday: 6.00 pm

ST MARY MACKILLOP CHURCH ODESSA AVENUE KEILOR DOWNS

Monday	9.30 am
Tuesday	9.30 am
Wednesday	No Mass
Thursday	No Mass
Friday	9.30 am
Saturday	5.00 pm
Sunday	9.00 am 11.00am 5.30pm

RECONCILIATION: Saturday 4.30 pm

NOT RETURNING TO ST PAUL'S PRIMARY SCHOOL IN 2020

If your child/children will not be returning to St. Paul's in 2020, would you please complete the section below and return this to the School Office. **This does not apply to the current Grade 6 children.**

This information is required, as transfer documentation must be completed between this school and the new school your child/children will be attending in 2020.

Your co-operation regarding this matter would be most appreciated.

CHILD/CHILDREN NOT RETURNING IN 2020

Name of Child: _____ Grade: _____

Name of Child: _____ Grade: _____

Name of Child: _____ Grade: _____

Name of Child: _____ Grade: _____

The above named will not be returning to St. Paul's Primary School, Kealba in 2020.

New School attending: _____

Address _____

Signed: _____

Dated: _____

N.B.: PLEASE RETURN THIS FORM AS SOON AS POSSIBLE

FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors, excursions encourage a deeper understanding of how the world works and sports teach teamwork, discipline and leadership. All are part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

MORE INFORMATION

For more information about the CSEF visit
www.education.vic.gov.au/csef

HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from www.education.vic.gov.au/csef

If you applied for the CSEF at your child's school in 2019, you do not need to complete an application form in 2020 unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- **new student enrolments;** your child has started or changed schools in 2020 or you did not apply in 2019.
- **changed family circumstances;** such as a change of custody, change of name, concession card number, or new siblings commencing at the school in 2020.

Check with the school office if you are unsure.





TRỢ GIÚP TÀI CHÁNH THÔNG TIN CHO PHỤ HUYNH

Mọi trẻ em ở Victoria đều nên có được thật nhiều cơ hội học tập bên ngoài lớp học. Quỹ dành cho Cắm trại, Thể thao và Du ngoạn (Camps, Sports and Excursions Fund) giúp đảm bảo là không có em nào bị lỡ mất cơ hội cùng các bạn trong lớp tham gia các hoạt động quan trọng, mang tính giáo dục và vui nhộn. Điều này nằm trong kế hoạch làm cho Victoria trở thành Tiểu bang Giáo dục và cam kết của Chính phủ nhằm phá vỡ mối liên hệ giữa nguồn gốc với thành quả học tập của học sinh.

QUỸ DÀNH CHO CẮM TRẠI, THỂ THAO & DU NGOẠN (CSEF)

Đi cắm trại với trường sẽ cho các em những trải nghiệm lý thú ở bên ngoài, các cuộc du ngoạn khuyến khích tìm hiểu sâu sắc hơn về hoạt động của thế giới còn thể thao dạy các em kỹ năng làm việc theo nhóm, kỷ luật và lãnh đạo. Tất cả đều nằm trong khuôn khổ một chương trình giảng dạy lành mạnh.

CSEF sẽ được Chính phủ tiểu bang Victoria cung cấp nhằm trợ giúp các gia đình hội đủ điều kiện để trang trải chi phí cho các hoạt động du ngoạn, cắm trại và thể thao ở trường.

Nếu quý vị có thể giảm giá hợp lệ được cấp dựa trên trải nghiệm tài chính hoặc là cha mẹ nuôi tạm thời (foster parent), quý vị có thể hội đủ điều kiện để được nhận CSEF. Ngoài ra còn có một tiêu chuẩn cần nhắc đặc biệt dành cho các gia đình tảo lưu và tị nạn. Khoản phụ cấp này được trả cho trường để sử dụng cho các chi phí liên quan tới các hoạt động cắm trại, du ngoạn hoặc thể thao phục vụ lợi ích con em quý vị.

Số tiền CSEF hàng năm cho mỗi học sinh là:

- \$125 cho học sinh tiểu học
- \$225 cho học sinh trung học

LÀM THẾ NÀO ĐỂ XIN

Liên lạc với văn phòng của trường để lấy đơn xin CSEF hoặc tải từ www.education.vic.gov.au/csef

ĐỂ CÓ THÊM THÔNG TIN

Để biết ngày hết hạn nộp đơn xin CSEF và có thêm thông tin về quỹ, hãy vào trang mạng www.education.vic.gov.au/csef



المساعدة المالية معلومات للوالدين

يجب أن يتمكن كل طفل في فيكتوريا من الوصول إلى عالم الفرص التعليمية الذي يوجد خارج الصف الدراسي. يساعد صندوق المخيمات والرياضة والرحلات (Camps, Sports and Excursions Fund) على ضمان عدم تفويت أي طالب الفرصة للانضمام إلى زملائه في الأنشطة الهامة والتعليمية والممتعة. إن هذا هو جزء من جعل فيكتوريا ولاية التعليم والفرص الحكومية بقطع الصلة بين خلفية الطلاب ونتائجهم.

كيفية تقديم الطلب

إتصلوا بـمكتب المدرسة للحصول على إستمارة طلب CSEF أو قوموا بتحميلها من www.education.vic.gov.au/csef

معلومات إضافية

لمعرفة المواعيد النهائية لتقديم طلبات CSEF والحصول على معلومات إضافية حول الصندوق قوموا بزيارة www.education.vic.gov.au/csef

صندوق المخيمات والرياضة والرحلات (CSEF)

توفر المخيمات المدرسية للأطفال التجارب الملهمة في الهواء الطلق الرائع، وتشجع الرحلات على فهم أعمق لكيفية عمل العالم، وتعلم الرياضة العمل الجماعي والانضباط والقيادة. إن هذه جميعها هي جزء من المنهج السليم.

سيتم توفير CSEF من قبل حكومة فيكتوريا لمساعدة الأسر المؤهلة لتغطية تكاليف الرحلات والمخيمات والأنشطة الرياضية المدرسية.

إذا كنتم تملكون بطاقة التخفيضات الخاضعة لإختبار المدخول سارية المفعول أو كنتم والدئ التيني المؤقت، فقد تكونوا مؤهلين للحصول على CSEF. توجد أيضا فئة الإعتمادات الخاصة لطالبي اللجوء والأسر الناجئة. يتم دفع المخصصات إلى المدرسة لإستخدامها في ما يتعلق بالنقلات المتعلقة بالمخيمات والرحلات والأنشطة الرياضية لصالح طفلكم.

إن مبلغ CSEF السنوي لكل طالب هي:

- 125 دولار لطالبي المدارس الابتدائية
- 225 دولار لطالبي المدارس الثانوية





Pop-Up Drive Through Recycling Day

Saturday 30 November 8am-1pm
Victoria University, St Albans, enter via Willis Street.

Donate your unwanted household items for reuse or recycling at no charge.

No
Charge

What to bring



Electronic Items

- computers, TVs, phones, chargers, cables, rice cookers, hair dryers, anything with a cord or battery.



Household goods

- toys, cookware, sporting items, baby equipment, kitchenware, CDs, DVDs, VHS.



Whitegoods

- fridges, washing machines, dryers, microwaves.



Furniture in good condition

- chairs, tables, couches, desks, mattresses.



Bicycles in good condition.



Clothes and linen

- clothing, shoes, fashion accessories, towels, sheets.

Not accepted



- Asbestos, chemicals, biological waste, sharps, broken monitors, fluorescent tubes and smoke detectors.

Maximum 8 items per household. No trucks or commercial quantities.

Simply register online at www.brimbankpopup.eventbrite.com.au turn up on the day with your unwanted items and we'll do the rest.

Good quality items will be donated to the West Welcome Wagon, Bikes 4 Life and other items will be recycled.



ENROLMENTS FOR YEAR 7 2021 ONWARDS ARE NOW BEING ACCEPTED

Limited places available for Year 8 - 12 2020

Upcoming Open Morning Tours:
Tuesday 12 November and 3 December 2019

For more information **Call 9363 1711**
or visit www.mariansw.catholic.edu.au

*Bus services available to Melton, Rockbank, Bacchus Marsh,
Derrimut, Deer Park, Caroline Springs, Taylors Hill, Seabrook,
Truganina, Hoppers Crossing and Werribee.*



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to

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MUSIC
INSTITUTE

Instrumental Music Lessons
On School Campus!



Small Group & Private Lessons

- Primary Music Institute offer instrumental music lessons right here on school campus!
- To find out all about the music lessons please visit PMI's website. You can check which instruments are available, get up to date program details and apply for lessons online
- Please **ENROL TODAY** via PMI's website
- Lessons are held once per week on school campus – with lessons typically during school hours
- Only \$16.95 per child per small group lesson (2-5 students for 30 minutes)
- Our small group lessons provide a fun and affordable opportunity to learn instrumental music
- Private lessons (1-on-1) and pair lessons (max 2 students) are also available
- Instrumental music can improve your child's school results – including for reading, maths, coordination, IQ, abstract reasoning, performance confidence... and is great fun!

P: 1300 362 824

E: admin@primarymusicinstitute.com.au

www.primarymusicinstitute.com.au